



Understanding Acceptance Inclusion

Camp Au-some Family Brigadoon Weekend Retreats



Camp Au-some lets families with a child, youth or adult with autism enjoy a weekend together at beautiful Brigadoon Village, in South Alton, Nova Scotia. These weekend camps are all-inclusive and feature valuable information sessions and fun camp activities for parents, siblings, and campers with autism.

Each family has their own room within one of Brigadoon's lovely cabins. Every camper with autism is paired with a trained volunteer while parents can relax or take part in educational sessions. Siblings get to take part in their own fun and interactive programming with Brigadoon staff throughout the weekend.



Activities often include:

Fishing
Canoeing
Swimming
Camp Fires & Songs
Cooking
Archery
Drama & Dress Up
Arts & Crafts
Hiking
Scavenger Hunts
Bingo



"We had the most pleasant weekend. It was so great for us as a family to relax and enjoy. It was the first time I can think of that I have not been on edge about my son's behaviour because I knew that everyone there understood; there was no judgement. It was very beneficial for us as a family to meet other families. We loved everything about it, it is one of the best weekends we have had as a family. Thank you so much!!" - Parent

For more information, please contact:

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