



## **POSITION TITLE: CROSS-DISABILITY WEEKEND R&R RESPITE WORKER**

**POSITION DETAILS:** Part-time, weekends (Saturday from 8:30 – 1:30pm) Approx. 5 hours per weekend up to a total of 15 hours per month. 3 weekends a month. Flexibility required.

**POSITION TERM:** 6 months, with possibility of extension

**LOCATION:** Sackville and Halifax, Nova Scotia

**ACCOUNTABILITY:** Respite Providers will demonstrate self-awareness and use creative thinking to create meaningful moments in the lives of individuals they are supporting. As a respite provide, you consume responsibility for the health and safety of an individual while they are in your care as you maintain professional boundaries.

### **PROGRAM SUMMARY:**

Weekend R&R is a new program designed to provide weekend respite to caregivers while creating recreation opportunities for individuals of various ages with diverse support needs within community. The program focuses on inclusion and supporting program participants interacting with their community.

This program supports cross-disability and neurodiverse individuals that do not meet the requirement of the Direct Family Support for Children or Disability Support Program at Department of Community Services.

### **Responsibilities Include:**

- Provide 1:1 to their assigned participant throughout the day. Specific support requirement will be determined by the needs of enrolled participants.
- To adhere to all policies and procedures including those identified in the Policies and Procedures Manual and the Staff Manual.
- Providing respite support in a community setting
- Ensure all participants are treated with dignity and respect
- Accountable for participants' health, safety, and whereabouts during program delivery
- Ensure facilities are kept clean and in order
- Assisting with weekend program delivery (i.e., Working as part of a team, co-creating schedules and plans, building relationships within community, preparing snacks, reporting to Respite Coordinator, etc.)
- Other duties as required

### **Qualifications:**

- Clear, current Criminal Record Check including Vulnerable Sector Check
- Clear, current Child Abuse Registry Check
- Up-to-date First Aid Certification

- Three Reference Checks required

**Minimum Skills and Ability:**

- Experience working with individuals living with disabilities is considered an asset
- Outgoing, sociable, and willing to take initiative is considered an asset
- Compassionate, trustworthy, patient, and reliable is considered an asset
- Able to work independently
- Strong organizational skills
- Able to lift up to 50 pounds
- Able to be on your feet for long period of time, including running and strenuous activity
- Good communication skills (written & oral)

Candidates selected for interviews will be contacted and expected to provide at least three recent, relevant references. The successful candidate may be required to provide official transcripts to show proof of academic achievements where applicable.

If you are interested in applying for a position within our Weekend R&R program, please contact Caitlyn Temple, by email at [ctemple@autismns.ca](mailto:ctemple@autismns.ca). Interested candidates can also go to [www.respiteservices.com](http://www.respiteservices.com), select Nova Scotia from the drop-down menu, select Worker Online Registration and complete the online application form.